

Developing Football Team Selection Tests in Current Trends

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Abstract:

Tests of all types and directions have the greatest influence, however, on determining the level on the one hand, and on detecting strengths and weaknesses on the other. Thus, tests are the fundamental basis of any project and therefore keep changing according to changing circumstances and advances in science and technology. School sports tests are one of the most important basic sports tests, as they are the first indicator that a student has sporting talent. Since school sports competitions require a large number and quality of players to build competitive and more reliable sports teams to support clubs and national teams, it has become necessary to diversify and modernize these tests in line with scientific advances in various sports. From here, the researcher attempted to find new school sports tests that were suitable for each age group of students and for the sports and events held in annual school competitions and activities. The descriptive approach adopted in the study demonstrated the potential of the modern tests used in the study to bring out a clear picture of individual differences among students and to identify students who excel in football. The study concluded that the number of students pursuing various degrees in football is very high and their sporting future is bright, as they have the necessary qualifications to reach the highest level.

Keywords: Development, selection tests, school football team and trends

Preface:

According to a survey, it has been found that football is the most popular game in the world. Football is the favorite game of young people and people of all ages around the world. This game is played in many countries including India. But there is a special attraction for this game in countries like Brazil, Spain, France, Argentina etc. Football is especially popular in the United States and Canada. People have different opinions about where the word football originated from. Some people believe that the ball is kicked in this game, hence the name football. But there is no definite information about where this game was given this name. But according to the information of the international football federation FIFA, football is an evolved form of the Chinese game Suju. This game was developed in China during the 'Hyan' dynasty. Football was played in Japan during the rule of the Ashoka dynasty. After that, in 1586 AD, this game was played in Greenland by a ship captain named John Davis. The name of the person who worked behind the popularization of football in India is 'Nagendra Prasad Sarvadhikari'. He is also called the 'Father of Indian Football'. Nagendra Prasad first played this game with his friends. Later, he started playing this game in many schools. Tests have always been very important, because on the one hand they reveal the nature of the object to be measured, and on the other hand they also highlight its strengths and weaknesses. With regard to the subject of study, school sports tests have the greatest impact in revealing the sports abilities and potential of students at a young age, thereby increasing the importance of school sports, its second goal is to uncover sports talent in addition to the first goal, entertainment, enjoyment, mood change and study, life or both To reduce or relieve pressure. Thus, sports tests adopted by the physical education teacher to find distinguished students in the sports that fall under the scheme of the Ministry of Education and its affiliated directorates, by organizing various sports competitions and festivals, especially football, thus identifying talented students and guiding them to move in the right direction that best suits their unique abilities and talents. This distinguishes a student or a group of students from his classmates. In view of modern scientific progress in various fields of life including sports, it has become necessary for the physical education teacher to adapt to those

Progress and find new tests suitable for that development according to the available capabilities, so that the talents of the students can be enhanced. More accuracy and speed can be achieved, which saves time and effort. Students will be able to work on their strengths by avoiding their weaknesses, which will improve their level.

Football Game Format and Skills:

Football is a game of two teams, each consisting of 11 players. A match lasts 90 minutes. A 15-minute break is taken every 45 minutes. Each team has a goal post and the aim of both teams is to score as many goals as possible by kicking the football into the opposing team's goal post. If a player gets injured during the game, the game is stopped for some time called 'injury time'. Football also requires technical skills, strategy and a deep understanding of the game. Here are some of the basic skills that every football player needs.

- ❖ **Dribbling** – The ability to move the ball on the ground while maintaining control is an essential skill. Good dribbling enables the player to navigate opponents and create scoring opportunities.
- ❖ **Passing** – One of the most important skills in football, passing is the art of moving the ball from one player to another. Accurate passing maintains possession, sets up attacks and creates scoring opportunities. There are various passes including short passes, long passes, through balls and crosses.
- ❖ **Shooting** – This skill gets the ball into the back of the net. Practical shooting requires accuracy, power and often a bit of trickery to get past the goalkeeper.
- ❖ **Defending** – This skill is more than just for defenders. Every player on the pitch should know how to defend, whether it's tackling, blocking passes or blocking shots. Good defending can stop opposing attacks and even allow for counterattacks.
- ❖ **Heading** – Heading involves using the head to pass the ball, accurately or shoot. It's a critical skill, especially during set pieces such as corners and free kicks.
- ❖ **Goalkeeping** – A specialist role that requires unique skills, Goalkeepers must excel at saving shots, catching crosses and distributing the ball quickly to initiate attacks.
- ❖ **Physical fitness** – While not a technical skill, physical fitness plays a big role in football. Stamina, speed, strength and agility all contribute to a player's overall performance on the pitch.
- ❖ **Mental strength** – Football is not just a physical game; it is also a mental one. Decision-making, awareness, concentration and resilience under pressure are as important as any physical skill.

Research Problem:

The researcher observed the different levels of high school students in football in the gatherings and competitions organized by the sports departments affiliated to the schools of the Ministry of Education. It was found that there is a common weakness in these teams, which is due to the lack of careful selection of student team members in the school and this is due to the lack of an accurate testing system. Therefore, with the aim of finding an objective evaluation method to evaluate the performance of football players and know their level, the researcher studied this topic in the research paper.

Research Objectives:

1. To find reliable scientific tests that can be used to determine the level of students in football skills
2. To identify the level of performance of school students in football skills.

Hypothesis:

The presented research has standard scores representing the level of male students in secondary school football skills.

Football measurement & testing:

Testing and measurement in the game of football are important means through which the level of players can be determined and their physical, skillful, functional, etc. abilities can be known. This importance comes from enhancing the strengths and minimizing or avoiding the weaknesses. Thus, these tests, which create standards and levels, give us an indicative and clear picture of the players' abilities and here in this research paper, the students are part of a school football team. Thus, testing and measurement in football helps to identify "the player's individual and the team's collective abilities and potential. Coaches must constantly test and measure to identify these levels and develop them using appropriate training methods.

Methodology:

In this study, the researcher used the survey method and relied on the descriptive method to obtain reliable scientific results because a study conducted using the descriptive method is best suited for this type of research study, which "determines the current state of the subject Arrives at a description of the scientific results of the study.

Sample:

All the students who did not fail in the academic phase were selected from the Marathi Secondary School in Nagpur affiliated to the Directorate of Education for the current academic year 2023/2024 and their details are shown in the table below.

Table -1 Grades of All students

Sr.no	Grades	All students in grade	fallen in each grade	Selected students
1.	Grade of First intermediate	25	10	15
2.	Grade of second intermediate	36	06	30
3.	Grade of Third intermediate	80	22	58
4.	Grade of Fourth scientific	46	24	22
5.	Grade of Fifth scientific	26	15	11
6.	Grade of sixth scientific	45	11	34
Total		258	88	170

Statistical analysis;

The statistical data was prepared use the SPSS software

Table -2 Students who highly distinguished in football

Test for Research		Best level	Medium level	Weak level
Dribbling	Number of Students	34	63	74
	Percentage	20 %	36.47 %	43.52 %
Passing	Number of Students	51	89	30
	Percentage	30 %	52.35 %	17.64 %
Scoring	Number of Students	29	44	97
	Percentage	16.48 %	26.88 %	57.63 %

Discussion & Findings:

With regard to modern scientific sports tests, the researcher made important conclusions, which are shown by a set of digital data indicating the importance and role of recognized tests in football, as shown by the table mentioned above, in revealing the talents and abilities of students in football. By adopting the Gauss curve (natural curve), based on the percentage of cases falling under the standard score of the natural curve, and deriving the standard score (10-261) from the raw score, the study clearly showed the standard level. The three levels were found by applying the "range length law", which equals the difference between the highest and lowest standard score values and then dividing the result by three (the number of known levels), thus forming a certain number that determines the level. Thus, the first level range is formed by subtracting a certain number from the highest value, then the second level range is formed by subtracting a certain number from the number representing the first level range, and the third level range is formed by subtracting a certain number from the number representing the second level range.

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